

**TONBRIDGE AND MALLING  
HEALTH ACTION TEAM**

**MINUTES**

**Wed 11<sup>th</sup> December 2013  
14:00-16:00**

<b>Present:</b>	Mark Raymond	Corporate Services Manager, TMBC
	Heidi Ward (Gould)	Healthy Living Co-ordinator, TMBC
	Jane Heeley	Chief Environmental Health Officer, TMBC
	Martin Guyton	Chief Executive TMLT
	Alison Finch	Safer & Stronger Communities Manager TMBC
	Hazel Skinner	Private Sector Housing Manager
	Kas Hardy	KCC Public Health Specialist
	Vicky Lawford	SAFE Development Manager - VAWK
	Lyn Rootes	Age Concern West Malling

**Actions**

**1. Apologies and introductions**

The meeting was chaired by Jane Heeley and apologies were sent from Mark Raymond.

**2. Minutes and actions of previous meeting**

It was noted that there was a need for CCG representation on the group and that JH would identify the most suitable contact. JH

**3. Mental Health & wellbeing – Kaz Hardy**

As Ivan Rudd, KCC Public Health Specialist in the area of mental health and wellbeing had not responded to an invite to be present at the group, however, Kas Hardy agreed to feedback to the group on his behalf.

A new strategy 3 year Joint Health & Wellbeing Strategy was presently being developed with a key outcome of reducing suicide, increase self reporting on wellbeing and increase access to IAPT services.

KH reported that there were now '6 Ways to Wellbeing' for Kent as with the 6<sup>th</sup> 'Way' having a focus on 'Looking after our planet' and sustainability.

KH reported that it is likely that the Mental Health and Wellbeing Service Level Agreement between TMBC and KCC would remain the same for 2014/15. However, KH mentioned that the project - 'Men's Sheds' was moving forward and could provide a be a good opportunity to work jointly. A funded Development coordinator had been appointed to support the setting up of 'Men's Shed' groups however, there is no

additional funding available. The concept of 'Men's Sheds' is to specifically target men with a focus on 'veterans' to encourage men to talk about issues around mental health and wellbeing. It is a National movement that aims to build resilience.

JH enquired about access to IAPT, and Kas explained that the responsibility was now with KCC as it is part of the prevention agenda. IAPT delivered Cognitive Behavioural Therapy (recommended by NICE).

CCG now had responsibility for CAMHS Services and these would be delivered through the WKCCG commissioning intentions.

#### **4. Workplace Health & Winter Deaths – Karen Hardy KCC**

##### Workplace Health

KH explained that workplace health is a priority for Public Health England and KCC supported by the Kent Workplace Health Initiative. MR/KH

The National programmes encourage workplaces to sign up to a Public Health Responsibility deal – 'sign up and pledge' but in Kent, KCC are signposting organisations to the Health & Wellbeing Charter. Kent also have a focus on sustainability and a strong focus on targeting routine manual workers and achieve a reduction in Health Inequalities and provides a good framework with a good investment on return. Kaz explained that there was some available data and stats to show investment on return has been done by Sainsbury's and that she would look at getting this information for the group. KH

The wellbeing charter is awarded via an online self- assessment to achieve different levels;

- Committed
- Achieved
- Excellence

A training day is being held on the 17<sup>th</sup> December with a Launch Day 22<sup>nd</sup> January where Dame Carol Black will be attendance. JH and Tamsin Ritchie have been asked to present the Workplace Health Work already being delivered through Public Health funding. Funding will be given to local authorities by KCC via Environmental Health teams.

It was decided by the group that an update on the 'Workplace Health Initiative' would be required as an agenda item at the next HAT meeting. HW

##### Winter Deaths

KH has now taken over the responsibility for winter deaths from Colin Thompson. KH explained that winter deaths are calculated from the 31<sup>st</sup> Dec- 31<sup>st</sup> March Deaths and report over 3 years. KH

(Kas to circulate power point on winter deaths)

As part of the Winter warmth programme, all agencies refer into Health Improvement Agency (HIA)

- Health
- Home – more energy efficient
- Falls screening tool
- Falls – Karen Shaw – commissioning falls prevention.

KH/HS

TMBC falls prevention Assistants are a good resource to refer into the HIA– Kas to contact Hazel about linking work.

Age UK will be delivering training to voluntary, private and charitable organisations from January.

## 5. Domestic Violence & Alcohol update – Alison Finch

Alison Finch (AF) introduced herself and explained how there were a range of different agencies with the responsibility of reducing crime and disorder within the Borough.

Partnership meetings look at specific issues and formulate an action plan looking at 3 key themes - domestic violence, anti social behaviour and substance misuse. Each theme has a different action plan with different agencies looking at each theme.

Funding comes from a range of partners; TMBC CSU, Police, KCC wardens and Russet Homes.

### Domestic Violence

Two different organisations;

- Domestic Abuse Volunteer Support Services (DAVSS) – low to medium risk with free confidential support.
- KDAC is a County wide organisation looking at higher risk situations.
- North Kent Women’s Aid – Freedom Programme – work closely with police HW

### Alcohol and substance misuse

Kenward Trust work with young people and have engagement initiatives in Snodland, Aylesford, Leybourne and Tonbridge Park. Look at issues around under-age drinking, cannabis and legal highs.

CRI – are commissioned through KCC and look specifically at adults with drinking problems.

KCA – work with young people

## 6. **Dementia Friendly Communities – Lynn Rootes**

Lynn Rootes the manager at the Age Concern West Malling introduced herself and gave a brief presentation on the Dementia Friendly Communities. LR explained how there are 12 pilots throughout Kent with the West Malling project being one of them. The programme engages shops, restaurants and clubs and supports these businesses to have a greater understanding of Dementia.

The aim of the initiative is to work with local communities to raise awareness of dementia and to support people with Dementia to continue to live in the communities for longer. Each shop 'Stay Safe' sign with a 'Forget me knot' (with KCC logo) sticker on the front of the business. Training is available for 'Dementia Friends' who support people with Dementia to go to the shops from the Day centre at Rotary House, Norman Road.

However, LR did emphasise that there were limited resources in rolling out this project and explained that 'Age UK' did not take over all the 'Age Concerns'. LR was keen to emphasise that Age Concern in West Malling did not receive any funding from Age UK and therefore depended on local funding.

## 7 **West Kent Health and Wellbeing Board update & TMBC Health Inequalities Action Plan update – Jane Heeley/Heidi Gould**

Due to lack of time this agenda item was moved to the next HAT meeting.

However it was pointed out that *The Tonbridge & Malling's Health Inequality Action Plan* had now been signed off by members and that commissioning intentions for next year were being revised.

## 8 **AOB**

Housing Team -HS reported that the Housing 'Mind The Gap' had now been launched

SAFE – Vicky reported that a SAFE Conference is being held on March 4<sup>th</sup> in Maidstone for young people from Malling & Maidstone with a focus on stress in the over 15 age group.

All at 14:00 at Gibson Building, Gibson Drive, Kings Hill, West Malling, Kent ME19 4LZ